Defensive Driving Training UAE

Service Objectives

- Reduce collisions and protect people, cargo, and assets across all Emirates.
- Build hazard perception, space management, and speed discipline for mixed fleets.
- Strengthen journey planning, pre-trip inspection discipline, and load security.
- Control fatigue, distraction, and stress during long, high-speed, or night routes.
- Adapt driving to UAE conditions: fog, dust, sand drifts, aggressive merging, and off-road access.
- Embed evidence-based practices using telematics feedback and measurable on-road performance.

Who This Service Is For

- Organisations with mixed fleets (light vehicles, pickups, minibuses, crew buses, HGVs) where driving is a critical work activity.
- Professional, crew transport, warehouse/last-mile, HGV and tanker drivers operating between depots, ports, terminals, and sites.
- Supervisors, dispatchers, and HSE practitioners overseeing journey management and Road Traffic Safety (RTS).
- Novice recruits needing fundamentals and experienced drivers requiring targeted refreshers based on telematics or incident trends.
- HSE managers and training coordinators seeking auditable competence aligned with ISO 45001 and ISO 39001.
- Sectors: oil and gas, logistics, construction, manufacturing, utilities, and service operations across the UAE.

> Aligned with ISO 45001 and ISO 39001. Supports journey management, permit-to-work, and site access rules for hubs such as JAFZA, Dubai Industrial City, KIZAD, ICAD, and Ruwais.

Duration & Process Overview

- Standard in-house course: 1 day (6–8 hours); group size 12–16 for theory, 2–3 per vehicle for practical.
- Refresher: 4–6 hours; targeted MCQ and telematics-informed coaching goals.
- Train-the-Trainer: 2 days; 6–10 instructor candidates with micro-teaching and evaluation drives.
- Delivery: On-site classroom plus on-road coaching; hybrid/remote briefings and follow-ups available for multi-site teams.

Methodology

Phase	Objective / What It Covers	Deliverable / Duration

Pre-training needs analysis	Review incidents, telematics, routes, vehicles; prioritise risks and tailor modules.	Needs analysis summary; schedule and grouping plan.
Core theory	Collision causation (UAE); hazard perception; stopping distances (loaded vehicles); backing/coupling; adverse weather; journey management.	Interactive classroom session; MCQ/scenario prep.
On-road coaching	Representative routes: urban manoeuvres, highway merging/lane discipline, safe overtaking under load.	Competency checklist; coached drive scores and feedback.
Sector-specific modules	Oil & gas access/convoys; logistics yard/ramp/load securement; construction site traffic/reversing; utilities work zones/night driving; light off-road for desert access.	Optional add-ons per fleet risk profile.
Assessment & certification	MCQ/scenario test; on-road evaluation (observation, anticipation, control, compliance); telematics-aligned coaching targets.	Certificate of completion with hours, topics, and outcomes.
Follow-up & refreshers	Remote briefings; post-course follow-ups; renewal cadence and triggers based on incidents/telematics/route changes.	Refresher cycles: typically 24 months (experienced) or 12 months (high-risk/role change).

Pre-training needs analysis

- Review recent incidents, telematics trends, routes, and client site rules to focus training.
- Match modules to fleet composition and operational windows.

Core theory

- Hazard perception, speed/space management, stopping distances, safe backing/coupling.
- Driving in fog, dust, rain; journey management discipline for UAE conditions.

On-road coaching

- Coached drives on urban congestion, multi-lane highways, and overtaking with loads.
- Instructor scoring with individual improvement plans.

Sector-specific modules (optional)

- Oil & gas: concession access, convoys, radio protocol, site traffic plans.
- Logistics: yard safety, ramp approaches, container load securement.
- Construction: site traffic management, reversing with banksmen, edge protection.
- Utilities: work zone setup, temporary traffic management, night driving; light off-road.

Assessment, certification, and follow-up

- MCQ/scenario test plus on-road competency checklist; telematics integrated where available.
- Certificate issued upon successful completion; refresher triggers include incident clusters, new routes, or KPI changes.